

Basic outlines of talks from a Planned Purity seminar

NOTE: Talks coincide with the Planned Purity book and the Planned Purity house diagram

Session 1: The Foundation (Defining Purity)

Overcoming inaccurate definitions of purity:

1. Purity is for teens: Rather, purity applies to all ages and is taught/practiced over the course of a lifetime
2. Purity is about sexuality: Rather, purity is a heart condition, embracing every part of our lives, sexual purity being just one aspect

New definition: Inner housekeeping

Session 2: The First Floor (Inner Person/Five Doors of the Heart)

Presenting Proverbs 4:20-27 to show how a pure heart is pursued through evaluation of input through our five senses—the Five Doors concept is a pre-requisite understanding and practice for anyone, any age, wanting to pursue purity in all its aspects.

1. Eyes
2. Ears
3. Breath
4. Mouth
5. Skin

Session 3: The Second Floor (Outer Person/Seven Windows of Opportunity)

Building on the Five Doors concept, presenting seven “windows of opportunity” to help us set important guidelines and boundaries throughout life for the pursuit of a pure heart and body

1. Focus
2. Vocabulary
3. Modesty
4. Education
5. Boy/Girl Interaction
6. Friends
7. Technology

Session 4: The Roof (Accountability) and the Picket Fence of Grace

Presenting the concept of accountability, mentoring and community networking as a “roof” which protects our purity structure from being destroyed, and the all-important function of humor, forgiveness, realistic expectations and second chances in the context of strong and intimate relationships

Question/Answer Session

Most seminars include a question/answer session with Jennie which often is a highlight of the day, as seminar participants offer each other support, help and connection.

